SPARK
LEARNING LAB

IN-PERSON TRAINING CATALOG

CATÁLOGO DE CAPACITACIÓN PRESENCIAL

2025

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How to Request a SPARK Training

Training requests must be submitted AT LEAST 30 DAYS IN ADVANCE of the date you would like the training presented. We will do our very best to include requests on the training calendar, depending on scheduling and trainer availability.

*Attendees must have an I-LEAD account to receive a training certificate.

1 Review the in-person training offerings in this catalog along with the descriptions.

2 Discuss your needs with your team and decide on the SPARK offerings best suited for your audience and event.

3 Complete the SPARK Event and Training Request Form.

4 A SPARK Representative will contact you to confirm availability and finalize details about your event.

SPARK Trainings

This is a compilation of our current available titles for in-person trainings. Titles are categorized by Core Knowledge Competencies (CKCs).

Please note, some trainings may align with more than one CKC; however, they will be listed under the primary CKC.

CKC 1: Child and Youth Growth and Development

CKC 2: Health, Safety, and Nutrition

CKC 3: Observation and Assessment

CKC 4: Learning Environment and Curriculum

CKC 5: Family and Community Connections

CKC 6: Leadership and Professionalism

CKC 7: Organizational Development and Administration

CKC 1: Child and Youth Growth and Development

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School-Age Bullying Behaviors

This training will familiarize educators with school-age bullying by defining what bullying is, what bullying isn't, three types of bullying, and the main risk factors and causes of school-age bullying behaviors.

1.5 HOURS

Age Group: School Age
Content Level: Introductory

Using Narration to Identify and Promote Prosocial Behaviors

Employ narration of behavior (also known as positive descriptive feedback) as a proactive and preventative or responsive strategy to reduce behaviors that challenge us in the learning environment.

2 HOURS

Age Group: All
Content Level: Introductory

Using Social Stories to Identify and Promote Prosocial Behavior

Employ social stories (also known as scripted stories) as a proactive and instructional strategy to reduce behaviors that challenge us in the learning environment. Learn how to individualize social stories to increase prosocial behaviors and respond to challenging behaviors in your setting.

2 HOURS

Age Group: All
Content Level: Introductory

SPARK LEARNING LAB

Get Moving with PALS: Physical Activity Learning Sessions to Keep Children Active in Your Program

PALS is a series of trainings developed by Nemours Children's Health that focus on physical activity for children from birth to 6 years of age. PALS workshops examine eight areas of best practices for physical activity and address the challenges early care and education (ECE) professionals face in supporting active play. Participants consider their practices and environments and then develop action steps to get kids moving! This training workshop is available both in-person or virtually.

5 HOURS

Age Group: Infant/Toddler; Preschool

Content Level: Introductory

Keeping Children Safe: Supervision, Tracking and Follow Through

Keeping children safe is a top priority for all educators. In this training, providers will learn how to describe and apply active supervision strategies and systems to keep children safe and accounted for in their programs. Active Supervision is the most effective strategy for creating a safe environment and preventing injuries in young children. Learn the six strategies, how to set up the program environment to effectively supervise and track children, tools to support transition, and discuss leadership's role in reinforcing active supervision and tracking.

1 HOUR

Age Group: All

Content Level: Introductory

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Safe Sleep Practices: Reducing Sudden Unexpected Infant Death and Implementation in Child Care Settings Module 1 and 2

Safe sleep practices are critical for the well-being of infants in our early childhood programs. Learn how to reduce the risk of sleep-related deaths and how to implement safe sleep practices in infant classrooms. Safe Sleep Practices: Reducing Sudden Unexpected Infant Death and Implementation in Child Care Settings Module 1 and 2 satisfies the State of Indiana requirement for infant caregivers.

2 HOURS

Age Group: Infant/Toddler

Content Level: Introductory

Ages & Stages Questionnaires®: An Introduction to ASQ®3

The Ages & Stages Questionnaires (ASQ-3) provides reliable, accurate, developmental and social-emotional screening for children between birth and age 6. The ASQ has been specifically designed to identify developmental progress and spot potential delays in young children. Screening young children is an effective, efficient way for professionals to monitor a child's development. Help parents celebrate their child's milestones, know what to expect next, and determine whether a follow-up is needed. The ASQ is an essential first step toward identifying children with delays or disorders in the critical early years.

PREREQUISITE REQUIRED: Using the CDC's Learn the Signs. Act Early. Resources to Increase Family Engagement and Promote Developmental Monitoring and Screening. The required prerequisite is available on Indiana Learning Paths.

2 HOURS

Age Group: Infant/Toddler; Preschool

Content Level: Introductory

Ages & Stages Questionnaires®: An Introduction to ASQ®SE-2: Social-Emotional

There is tremendous opportunity during the first few years of a child's life to identify and address potential social-emotional concerns. This is at the heart of ASQ®:SE-2. It is modeled after the acclaimed ASQ®-3 and is tailored to identify and exclusively screen social and emotional behaviors. ASQ:SE-2 is an easy-to-use tool with all the advantages of ASQ-3— it's cost-effective, parent-completed, photocopiable, and culturally sensitive. With questionnaire results, professionals can quickly recognize young children at risk for social or emotional difficulties, identify behaviors of concern to caregivers, and identify any need for further assessment.

PREREQUISITE REQUIRED: Using the CDC's Learn the Signs. Act Early. Resources to Increase Family Engagement and Promote Developmental Monitoring and Screening. The required prerequisite is available on Indiana Learning Paths.

2 HOURS

Age Group: Infant/Toddler; Preschool

Content Level: Intermediate

Understanding Your Role with Specialized Services

Learn to accommodate children with specialized service needs in the classroom and help families leverage community support and resources.

1 HOUR

Age Group: All

Content Level: Introductory

CKC 4: Learning Environment and Curriculum

Building Routines to Meet the Needs of Infants and Toddlers

Learn what infant and toddler routines look like in group care. Explore scenarios to enhance routines in early care and education programs.

1 HOUR

Age Group: Infant/Toddler

Content Level: Introductory

Building Young Leaders: Intentional Engagement

Providers learn practical ways to intentionally build positive relationships with young people. As a result, these relationships will promote confidence, social-emotional skills, and leadership qualities. Building strong relationships is our chance to make a life-long impact and remind young people of their value.

1.5 HOURS

Age Group: School Age

Content Level: Introductory

Calm the Chaos: Practicing Mindfulness with Children

Mindfulness or focusing one's awareness on the present while calmly acknowledging and accepting one's feelings, thoughts and bodily sensations, is a practice that promotes self-regulation in children and adults alike. Mindfulness is much more than meditation and doesn't have to involve meditation at all! Learn a variety of ways to incorporate mindfulness with children into your routines throughout the day to bring calm to your learning environment.

1.5 HOURS

Age Group: All

Content Level: Introductory

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Creating Inclusive Environments

Educators will learn to create and maintain inclusive indoor and outdoor learning environments to meet the needs of all children. Learners will discover the three principles of Universal Designs for Learning (UDL): representation, engagement, and expression. Learners will identify ways to incorporate UDL in their programs.

2 HOURS

Age Group: All
Content Level: Introductory

Creating School-Age Environments in Family Child Care Homes

School-Age spaces in family child care homes are unique because they are neither home nor school. They offer an opportunity to create special crossover environments where school-age children can have their own space in a low-stress setting, explore new interests, and develop meaningful relationships with friends and staff. Participate in this training to consider how the physical environment can bring out the best in our school-age children

1.5 HOURS

Age Group: School Age
Content Level: Introductory

Embedding Math Into Daily Activities and Routines

Using child outcomes for mathematics, educators can embed a variety of math skills into daily routines to keep children engaged in active learning, while decreasing undesired behaviors. Program leaders will discover how to plan and implement practices to embed math-related skills and concepts into the daily activities and routines of their learning environments.

1.5 HOURS

Age Group: All
Content Level: Advanced

CKC 4: Learning Environment and Curriculum

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Embedding the Student Wellbeing Standards into Daily Practices

Learn about the impact high quality care has on children's social and emotional skill development. Examine how you can positively impact the wellbeing skills of the children in your learning environment by embedding the Indiana Student Wellbeing Standards into your teaching practices and daily routines.

1.5 HOURS

Age Group: Infant/Toddler; Preschool

Content Level: Intermediate

Infant and Toddler Writing Activities that Activate Family Experiences

Educators will experience the process of planning and individualizing writing activities and incorporate developmentally appropriate writing materials for infants and toddlers. Educators will also incorporate family experiences throughout this process.

1 HOUR

Age Group: Infant/Toddler

Content Level: Intermediate

Little Connections: Building Relationships and Interactions to Support Infant and Toddler Learning

Learn how relationships are built between educators and infants and toddlers. Explore examples of interactions that support learning and relationship building.

1 HOUR

Age Group: Infant/Toddler

Content Level: Introductory

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CKC 4: Learning Environment and Curriculum

Planning Your Physical Environment to Reduce Challenging Behaviors

The physical environment our children spend the majority of their day in can affect their behaviors in positive and negative ways. Together, we will evaluate three main elements of your current physical environment and plan for modifications to help reduce behaviors that challenge us. **To get the most out of this training, we highly recommend you come with images or a diagram of your environment.

2 HOURS

Age Group: Infant/Toddler, Preschool
Content Level: Advanced

School's Out, Summer's In

This interactive training will explore a variety of ways to keep school-age children actively learning during the summer months, discuss numerous opportunities available in summer to invest in children's development, slow the summer slide, and close the achievement gap.

1.5 HOURS

Age Group: Preschool/ School Age
Content Level: Introductory

Spaces That Nurture: Learning Environments for Infants and Toddlers

Reflect on the strengths and opportunities of your program, and develop strategies to create responsive and nurturing learning environments for infants and toddlers.

1.5 HOURS

Age Group: Infant/Toddler
Content Level: Introductory

The Four-Step Approach to Difficult Conversations with Families

Communicating with empathy and positive regard can be difficult, especially in an unbiased way. Positive family partnerships are essential when fostering a mutually respectful and trusting relationship. Learn how to use this four-step approach that supports adult composure, empathy, positive intent, problem solving, and reflection to support relationship building with your families when having difficult conversations. This training can support new or existing staff on how to build equal and respectful partnerships with families during new hire onboarding and ongoing professional development. This training can also inform the creation of program development plans for developing equal partnerships amongst families and programs.

1.5 HOURS

Age Group: All

Content Level: Intermediate

Creating Welcoming Environments for Families

Come join us to learn about Creating Welcoming Environments for Families! Participants will apply 3 best practices in family engagement to your unique program setting. In addition, you will evaluate and make changes to your program environment so that it is most welcoming to families. Through interactive activities and group learning, we will spend an hour and a half focusing on those important details that really make a difference to the families we serve.

1.5 HOURS

Age Group: All

Content Level: Introductory

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Being an Early Childhood Professional (Part 1): Setting Professional Boundaries with Staff

This training is intended for program directors and/or administrators. Learn actionable leadership strategies to implement program-wide systems that support both professional and ethical conduct. Incorporate practices that build a collective agreement to professional conduct and allow your staff to feel included in the decision-making process of your program. This is an intermediate to advanced training and it is recommended that you complete the Maintaining Professional Boundaries Training Series prior to taking this training.

1.5 HOURS

Age Group: All

Content Level: Intermediate

Being an Early Childhood Professional (Part 2): Addressing Unprofessional Behavior Through Growth-Focused Conversations

This course builds on the skills learned in Part 1 of Being an Early Childhood Professional. During this session, you will be introduced to best practices for creating consistent accountability processes that promote staff development and growth. In addition, identify your leadership style and understand the impact these accountability processes have in promoting professionalism in a way that aligns with your program's vision.

1.5 HOURS

Age Group: All

Content Level: Intermediate

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Burnout and Self-Care: An Act of Prevention

Burnout is linked to high employee turnover, low performance, decreased productivity, and professional relationships. Managing signs of burnout will help you and your team reduce high stress and improve performance and work satisfaction. Learn how to identify signs of burnout and utilize self-care strategies to support yourself and your early childhood education staff to prevent and reduce the impact of burnout.

1.5 HOURS

Age Group: All

Content Level: Introductory

Five Strategies for Assertive Communication

Discover ways to implement five strategies to state your needs clearly and respectfully. Learn to overcome obstacles that may occur when using these strategies and raise your confidence as an effective communicator.

1.5 HOURS

Age Group: All

Content Level: Introductory

Mental Health Fundamentals

Become a mental health ally and learn the principles of mental health, such as standard terms, definitions, and warning signs, to best support and promote mental health and wellness among your team and families.

1.5 HOURS

Age Group: All

Content Level: Introductory

Strengthen Your Emotional Well-Being: Self-Regulation Techniques to Navigate Difficult Situations

Prolonged exposure to environmental stress, such as challenging behaviors in the classroom, family crises, or community violence, can significantly overload the emotional well-being of early childhood educators and staff. This training aims to equip adults working directly with young children with emotional regulation strategies to nurture, navigate and overcome stress during and after difficult situations.

1.5 HOURS

Age Group: All

Content Level: Intermediate

Building Financial Resilience

Apply the Iron Triangle formula to set your child care business up for success. Design and achieve SMART financial goals by strategically implementing simple strategies and utilizing practical tools that can lead to sustainability and profitability. Prior experience with developing and managing budgets is strongly encouraged.

1.5 HOURS

Age Group: All

Content Level: Intermediate

Employer Branding to Support Talent Acquisition

In today's market, job seekers have endless options as to where they can choose to work. Employer branding is what can set your program apart to help bring more candidates, and higher quality candidates, through your doors. This training teaches the basics of employer branding including how to distinguish branding for your business versus branding for talent acquisition, how to engage with job seekers online and what an employer branding plan is to support your talent acquisition efforts.

1 HOUR

Age Group: All

Content Level: Introductory

Internal Systems

Internal systems are used to determine the process, the resources, and the people involved with all business activities. Choosing a method for documentation, storage, and maintenance for your staff's education and training is one example of an internal system. Learn the critical components of a well-implemented internal system that supports you in meeting quality assurance requirements for your program. Evaluate your current practices related to internal systems so that you can align them with your leadership style and the needs of your program. The content in this training is intended for program leaders or educators who wish to build leadership skills.

2 HOURS

Age Group: All

Content Level: Intermediate

Relational Onboarding to Support Engagement and Retention

Onboarding is a critical component to the success of those new to their roles. While many onboarding programs have transactional experiences of paperwork and processes, many are missing the critical component of relational experiences. Learn the differences between transactional and relational experiences and begin developing relational experiences to complete your onboarding plan.

1.5 HOURS

Age Group: All

Content Level: Intermediate

Strategic Marketing

This training is designed for early learning and child care business owners and leaders. Assess existing customer data to identify your target customer on social media. Then, use this data to identify key business features to attract new customers. Finally, enhance your overall marketing strategy by using simple cost effective tips.

1.5 HOURS

Age Group: All

Content Level: Intermediate

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Learning Forums

A Learning Forum is a peer-to-peer learning and networking opportunity, to share ideas and information focused on a specific topic. Learning Forums provide information sharing, strategies, and opportunities to increase knowledge and skills related to the topic, facilitated by SPARK team members. Training certificates are provided.

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Learning Forums

Learning Forum: Accommodating Abilities in Play

Join our interactive learning forum to explore developmentally appropriate strategies for adapting your learning environment to meet the needs of a variety of learners. Using insights from 'Making Adaptations to a Variety of Needs', we'll discuss the differences between adaptations and modifications. Connect with peers, learn from Indiana First Steps and the Indiana Department of Special Education, and gain valuable resources to support every child's success.

1.5 HOURS

CKC02: Health, Safety and Nutrition

CKC04: Learning Environment and Curriculum

Learning Forum: Active Supervision: A Game-Changing Practice

Unlock the power of active supervision with this learning forum. Join us to explore and talk about transformative strategies that enhance the safety and efficacy of child care environments. This engaging session is designed to empower and elevate your supervision skills and connect with peers to transform your approach to child care.

1 HOUR

CKC02: Health, Safety, & Nutrition

Learning Forum: Breaking the Mental Health Stigma

The adverse effects of the stigma associated with mental health can increase risk factors and create barriers for individuals to connect with others, ask for help, and seek professional care. In this peer-to-peer conversation, learn how acknowledging the impact of stigma will help you to create a more conscious, inclusive, and supportive environment in your program and community. Learn strategies to reduce mental health stigma, promote mental health awareness and become an advocate for your personal wellness and that of your team and families.

1 HOUR

CKC06: Leadership & Professionalism

CKC07: Organization Development and Administration

Learning Forum: Creating Equal Partnerships through the IFSP & IEP Process

Families play a vital role in their child's development. In this one-hour learning forum, providers will come together and discuss how they provide opportunities to create stronger partnerships with families, build trust, and advocate for children's interests and educational needs through the IFSP and IEP process.

1 HOUR

CKC03: Observation and Assessment

CKC05: Family and Community Engagement

Learning Forum: Do You See What I See: Essentials of Employer Branding to Support Recruitment

In today's market, job seekers have endless options as to where they can choose to work. Employer branding, your proactive approach to marketing your business specifically to attract job candidates, is what can set your program apart and help bring more high-quality candidates through your doors. During this peer-discussion-based Learning Forum, we will discuss the basics of employer branding including the difference between branding and marketing for enrollment versus branding and marketing for talent acquisition (recruitment), how to engage with candidates online, and what active versus passive online engagement with candidates is. Through an interactive digital scavenger hunt of your business, you will leave with a better understanding of who your business is through the eyes of today's job candidates. Attendees should bring a device that can connect to the internet such as a laptop, tablet or phone.

1 HOUR

CKC07: Organization Development and Administration

Learning Forum: Getting Families Involved

There are many benefits to family engagement, some of them being: positive child learning outcomes, parent-child and parent-provider relationships, and a strong foundation for future and life-long involvement. Many factors contribute to getting families involved in your program such as: feeling welcome, building relationships, having open communication, providing opportunities to participate, and creating a safe place. When families feel welcome and included, they are more willing to become involved and support your program. Learn ways to get your families involved in this one-hour learning forum.

1 HOUR

CKC05: Family and Community Engagement

Learning Forums

Learning Forum: Mindfulness: More than Meditation

In this peer-to-peer discussion, we will delve into how mindfulness isn't limited to meditation and extends into various aspects of our hectic lives. Join us to exchange insights on how you can incorporate intentionality and awareness into your daily routine. Discover new approaches from fellow participants and leave with practical ideas to enrich your wellness journey.

1 HOUR

CKC06: Leadership & Professionalism

Learning Forum: Reframing and Responding to Behaviors that Challenge You

Join fellow early childhood profesionals for an open and collaborative discussion on reframing behaviors that challenge us. This peer-to-peer conversation is an opportunity to share experiences, reflect on common challenges, and explore new perspectives on understanding and supporting children who communicate using behaviors that challenge us.

1.5 HOURS

CKC01: Child and Youth Growth and Development

CKC04: Learning Environment and Curriculum

Learning Forum: Schedules, Routines, and Transitions

Establishing high-quality supportive environments is the foundation for setting all children up for successful outcomes. Practices related to schedules, routines, and transitions help provide clarity, consistency, and predictability. The sense of calm within your environment is dependent on you and your attention to how well you build those foundational elements. Join this learning forum to reflect and discuss your current practices with peers on establishing effective schedules, routines, and transitions.

1 HOUR

CKC01: Child and Youth Growth and Development

CKC04: Learning Environment and Curriculum

SPARK
LEARNING LAB

Learning Forum: Why Does Mental Health Matter?

Join us for a rich discussion on the importance of focusing on mental health and your well-being in this virtual session created for providers. Learn mental health best practices and how to support the mental health of your children, staff, and families from the SPARK Mental Health & Wellness Content Specialist team. In addition, engage in conversation with one another about your self-care practices and what mental health and wellness mean to you.

1 HOUR

CKC06: Leadership & Professionalism

Town Square trainings are specifically created to meet the unique needs of family child care homes and educators. The following trainings were developed through a partnership between Erikson Institute's Town Square and SPARK Learning Lab.

Town Square Trainings

Town Square: Children as Authors, Actors, Readers, and Writers

Explore how to encourage children's imagination and voice by using story dictation and acting, an essential aspect of literacy development, and techniques for making stories part of your program in this training for family child care providers.

1.5 HOURS

CKC01: Child and Youth Growth and Development

CKC04: Learning Environment and Curriculum

Town Square: Arts and Materials in Family Child Care

Explore choosing art materials and the art process in this training for family child care providers. Develop an understanding of process art, explore various materials that support drawing, painting, and 3D art, and finally, identify your role in facilitating exploration.

1.5 HOURS

CKC01: Child and Youth Growth and Development

CKC04: Learning Environment and Curriculum

Town Square Trainings

Town Square: Supporting Trauma Survivors and Those Who Care for Them

Explore behavioral manifestations of trauma in children and ways to talk to children and families about trauma/emotionally sensitive experiences in this training for family child care providers. Learn more about Social Influencers Of Health (SIOH), which are the systemic challenges that have a negative impact on medical health for children and their families. Lastly, explore provider wellness with information on recognizing different types of provider stress and ways to improve wellness.

1.5 HOURS

CKC02: Health, Safety, and Nutrition

Town Square: Assessment and Observation

Explore the importance of observation and assessment in this virtual training for family childcare providers by defining observation and assessment, then analyze how assessment and observation are utilized. Finally, explore the role of families in assessment.

1.5 HOURS

CKC03: Assessment and Observation

Town Square: Best Practice for Onboarding in Family Child Care

Create a connection between business practices, program vision and mission in your Family Child Care program while understanding the purpose of staff onboarding. After building knowledge and understanding of staff onboarding key principles, create a plan for taking action.

1 HOUR

CKC07: Organizational Development and Administration

Town Square Trainings

Town Square: Coaching Staff in Family Child Care Settings

Learn what it means to be a coach to new staff and volunteers in family child care. Develop a coaching process to build relationships and learn how to use the three key steps of Powerful Interactions and feedback to maintain coaching relationships with staff and volunteers in the family child care setting.

1.5 HOURS

CKC07: Organizational Development and Administration

Town Square: Designing and Redesigning Responsive Routines in Family Child Care

Identify the role of routines and recognize routines that are responsive to specific needs of the children in your care. Through self-reflection, assess the responsiveness of your routines and examine how to communicate with families about routines to build effective partnerships.

1.5 HOURS

CKC01: Child and Youth Growth and Development

CKC05: Family and Community Engagement

Town Square: Supporting Social Emotional Development in Infants and Young Children Part 1

Explore the importance of social-emotional development in young children in this training for family childcare providers. Describe the importance of a secure base for a children's development, then list the many ways children depend on their caregivers, and finally plan activities or modifications of activities that intentionally support social-emotional development.

1.5 HOURS

CKC01: Child and Youth Growth and Development

CKC02: Health, Safety, and Nutrition

CKC04: Learning Environment and Curriculum

Town Square Trainings

Town Square: Supporting Social Emotional Development in Infants and Young Children Part 2

Explore the importance of creating an environment that promotes mutual kindness and respect in this virtual training for family childcare providers. Identify how children develop the capacity to self-regulate, then plan strategies to create predictability to support self-regulation and finally analyze responses to behaviors that challenge our skills and abilities.

1.5 HOURS

CKC01: Child and Youth Growth and Development
CKC02: Health, Safety, and Nutrition
CKC04: Learning Environment and Curriculum

Town Square: Music and Movement in Family Child Care

Explore the importance of music and movement for children in this training for family childcare providers. Identify the cognitive, linguistic, social-emotional, and physical benefits of music. Reflect and plan on ways to incorporate music in your program.

1.5 HOURS

CKC01: Child and Youth Growth and Development
CKC04: Learning Environment and Curriculum

Town Square: What kind of "big" is it? Comparison & Measurement

Explore the mathematical big ideas of measurement, children's understanding of these big ideas, and how adults can scaffold children's developing thinking and mathematical practice in this training for family child care providers. Build your understanding through investigation, video analysis, and reflection.

1.5 HOURS

CKC04: Learning Environment and Curriculum

Town Square Trainings

Town Square: Understanding Family Systems

Gain an understanding of Family Systems Theory and recognize how family belief systems and traditions shape behaviors of individual family members. Then apply aspects of Family Systems Theory in order to recognize family goals, strengths, and involvement.

1.5 HOURS

CKC05: Family and Community Engagement

Town Square: What's the same? What's different? The Power of Comparison

Explore the precursor mathematical concept of comparison, infants and toddlers' understanding of this concept, and how adults can scaffold infants and toddlers' developing thinking and communication skills in this virtual training for family child care providers. Build your understanding through investigation, video analysis, and reflection.

1.5 HOURS

CKC04: Learning Environment and Curriculum

Capacitaciones en español – Spanish Trainings

SPARK actualmente ofrece las siguientes capacitaciones en español dirigidas por un capacitador bilingüe.

Cómo solicitar una capacitación de SPARK

Las solicitudes de capacitación deben enviarse AL MENOS 30 DÍAS ANTES de la fecha en que desea que se presente la capacitación. Haremos todo lo posible para incluir solicitudes en el calendario de capacitación, según la programación y la disponibilidad del instructor.

*Los participantes deben tener una cuenta de I-LEAD para recibir un certificado de capacitación.

1 Revise las ofertas de capacitación presencial en este catálogo junto con las descripciones.

2 Hablen sobre sus necesidades con su equipo y decidan cuáles servicios de SPARK son los más adecuados para su audiencia y evento.

3 Complete el Formulario de Solicitud de Evento y Capacitación

4 Un representante de SPARK se comunicará con usted para confirmar la disponibilidad y finalizar los detalles de su evento.

Agotamiento y Autocuidado: Un Acto de Prevención / Burnout and Self-Care: An Act of Prevention

El síndrome de desgaste profesional está vinculado con el bajo desempeño, baja productividad y dificultades en las relaciones profesionales. Manejar los signos del desgaste profesional te ayudará a ti y a tu equipo a reducir altos niveles de estrés, incrementar el desempeño y la satisfacción laboral. Conozca cómo identificar los factores de riesgo del desgaste profesional y cómo utilizar estrategias de autocuidado para prevenir y reducir los riesgos de desgaste profesional.

1.5 HORAS

CKC06: Leadership and Professionalism
CKC07: Organizational Development and Administration

Creación de entornos para edad escolar en hogares que proporcionan cuidado infantil familiar / Creating School-Age Environments in Family Child Care Homes

Los espacios de edad escolar en hogares familiares de cuidado infantil son únicos porque no son hogares ni escuelas. Ofrecen la oportunidad de crear entornos especiales de encuentro donde los niños en edad escolar pueden tener su propio espacio en un entorno de bajo estrés, explorar nuevos intereses y desarrollar relaciones significativas con amigos y personal. Participe en esta capacitación para considerar cómo el entorno físico puede sacar lo mejor de nuestros niños en edad escolar.

1.5 HORAS

CKC04: Learning Environment and Curriculum

Capacitaciones en español

Mantenga a los niños seguros: supervisión y seguimiento / Keeping Children Safe: Supervision, Tracking and Follow Through

Mantener a los niños seguros es una prioridad absoluta para todos los educadores. En esta capacitación, los proveedores aprenderán cómo describir y aplicar estrategias y sistemas de supervisión activa para mantener a los niños seguros y tenidos en cuenta en sus programas. La Supervisión Activa es la estrategia más eficaz para crear un entorno seguro y prevenir lesiones en niños pequeños.

1 HORA

CKC02: Health, Safety, and Nutrition

CKC05: Family and Community Engagement

Conceptos Básicos Sobre la Salud Mental / Mental Health Fundamentals

Conviértase en un aliado de la salud mental y aprenda los principios de la salud mental, como términos, definiciones y señales de advertencia, para apoyar y promover mejor la salud mental y el bienestar entre su equipo y sus familias.

1.5 HORAS

CKC06: Leadership and Professionalism

Capacitaciones en español

Los niños como Autores, Actores, Lectores y Escritores / Town Square: Children as Authors, Actors, Readers, and Writers

En este curso para cuidadores familiares de niños, descubrirá cómo fomentar la imaginación y la voz de los niños a través del dictado y la representación de cuentos, un aspecto esencial del desarrollo de la alfabetización, así como técnicas para que los cuentos formen parte de su programa.

1.5 HORAS

CKC01: Child and Youth Growth and Development

CKC04: Learning Environment and Curriculum

Prácticas de sueño seguro en español: reducir la muerte infantil súbita inesperada e implementación de centros de cuidado infantil / Safe Sleep Practices

Sabemos que las prácticas seguras para dormir son fundamentales para el bienestar de los bebés en nuestros programas para la primera infancia. Este curso presencial de dos horas de duración explica cómo reducir el riesgo de muertes relacionadas con el sueño y cómo implementar prácticas de sueño seguras en las aulas infantiles. Esta sesión de desarrollo profesional satisface los requisitos del estado de Indiana para cuidadores de bebés.

2 HORAS

CKC02: Health, Safety, and Nutrition

![SPARK LEARNING LAB]

Capacitaciones en español

Refuerce Su Bienestar Emocional: Autoregulación para Afrontar Situaciones Difíciles /
Strengthen Your Emotional Well-Being:
Self-Regulation Techniques to Navigate Difficult Situations

La exposición prolongada al estrés ambiental y laboral, como comportamientos desafiantes en el aula, crisis familiares o violencia comunitaria, puede sobrecargar significativamente el bienestar emocional de los educadores y el personal de la primera infancia. Esta capacitación tiene como objetivo equipar a los adultos que trabajan directamente con niños con estrategias de regulación emocional para nutrir, navegar y superar el estrés durante y después de situaciones difíciles.

1.5 HORAS

CKC06: Leadership and Professionalism

Town Square: Explorar las matemáticas con los preescolares/Exploring math with preschoolers

Explora las grandes ideas de la matemática temprana en esta sesión virtual para proveedores de cuidado infantil familiar que desarrollan actividades para ayudar a los niños a explorar la clasificación y los conjuntos. Después, describe cómo los niños desarrollan la idea de cantidad como atributo.

1 HORA

CKC01: Child and Youth Growth and Development
CKC04: Learning Environment and Curriculum

Town Square: Apoyando el desarrollo socio-emocional de los bebes y ninos pequenos Parte 1 / Supporting Social Emotional Development in Infants and Young Children Part 1

Explora los conceptos matemáticos precursores en esta sesión virtual creada para los proveedores de cuidado infantil familiar. Utilizando interacciones reales de bebés y niños pequeños, explore cómo los cuidadores pueden desarrollar el pensamiento matemático innato de los bebés, y luego crear un plan sobre las formas de estar atento e intencional en su programa, estableciendo una base para el aprendizaje matemático.

1 HORA

CKC01: Child and Youth Growth and Development
CKC02: Health, Safety, and Nutrition
CKC04: Learning Environment and Curriculum

Town Square: Apoyando el desarrollo socio-emocional de los bebes y ninos pequenos Parte 2 / Supporting Social Emotional Development in Infants and Young Children Part 2

Identifique cómo los niños desarrollan la capacidad de autorregulación, luego planifique estrategias para crear previsibilidad que apoye la autorregulación y, finalmente, analice las respuestas a los comportamientos que desafían nuestras habilidades y capacidades.

1 HORA

CKC01: Child and Youth Growth and Development
CKC02: Health, Safety, and Nutrition
CKC04: Learning Environment and Curriculum

Capacitaciones en español

Town Square: Los niños nacen matemáticos/ Children are born mathematicians

Explora los conceptos matemáticos precursores en esta sesión virtual creada para los proveedores de cuidado infantil familiar. Utilizando interacciones reales de bebés y niños pequeños, explore cómo los cuidadores pueden desarrollar el pensamiento matemático innato de los bebés, y luego crear un plan sobre las formas de estar atento e intencional en su programa, estableciendo una base para el aprendizaje matemático.

1 HORA

CKC01: Child and Youth Growth and Development

CKC04: Learning Environment and Curriculum

Foro de aprendizaje: Replantear y responder a los comportamientos que te desafían / Reframing and Responding to Behaviors that Challenge You

¡Hablemos! Únase a SPARK Learning Lab para un foro de aprendizaje centrado en replantear y responder a los comportamientos que lo desafían. ¡Comparte lo que funciona en tu programa y aprende de tus compañeros! Discutiremos cinco necesidades socioemocionales que experimentan los niños y cómo usted podría responder a ellas de manera apropiada para su desarrollo. Infórmese sobre las nuevas capacitaciones sobre este tema y tenga la oportunidad de discutir las prácticas actuales en su programa.

1.5 HORAS

CKC01: Child and Youth Growth and Development

CKC04: Learning Environment and Curriculum

Capacitaciones en español

Foro de aprendizaje: Involucrar a las familias / Learning Forum: Getting Families Involved

Hay muchos beneficios de la participación familiar - involucrando a las familias, algunos de ellos son: resultados positivos del aprendizaje del niño, relaciones padre-hijo y padre-proveedor, y una base sólida para la participación futura y de por vida. Muchos factores contribuyen a que las familias se involucren en su programa, tales como: sentirse bienvenidos, construir relaciones, tener una comunicación abierta, brindar oportunidades para participar y crear un lugar seguro. Cuando las familias se sienten bienvenidas e incluidas, están más dispuestas a involucrarse y apoyar su programa. Aprenda maneras de involucrar a sus familias en este foro de aprendizaje de una hora.

1 HORA

CKC05: Family and Community Engagement

Foro de aprendizaje: ¿Por qué es importante la salud mental?/ Why Does Mental Health Matter?

Únase a nosotros para una rica discusión sobre la importancia de centrarse en la salud mental y su bienestar en esta sesión virtual creada para proveedores. Aprenda las mejores prácticas de salud mental y cómo apoyar la salud mental de sus hijos, personal y familias del equipo de especialistas en contenido de salud mental y bienestar de SPARK. Además, entablen una conversación entre sí sobre sus prácticas de cuidado personal y lo que la salud mental y el bienestar significan para usted.

1 HORA

CKC06: Leadership and Professionalism

SPARK
LEARNING LAB

You support Hoosier children and families. Let SPARK support you!

Questions? Call our Help Desk at 1-800-299-1627

www.indianaspark.com